

# YOGA ON OSNEY ISLAND

at the Workshop on South Street, OX2 0BE

Monday	6.30–7.45pm	Vinyasa flow	Lilina
Thursday	7–8am	Early bird flow	Jenni
Friday	6.30–7.45pm	Vinyasa flow	Lilina
Saturday	10.30–11.30am	Hatha	Jenni
Saturday	12–1pm	Gentle yoga	Jenni
Sunday	8.30–9.45am	Vinyasa flow	Lilina
Sunday	11.30am–12.30pm	Healing flow	Jenni

£10 per class (introductory offer April and May)



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